

WINTER FOOD PANTRY ITEM SUGGESTIONS:

(No canned or glass items)

Dried or Freeze-dried food items

Tuna/Chicken/Salmon Pouches

Dried Beans/Lentils

Dried Pastas/Grains

Snack Bars/Protein Bars

Dehydrated Milk

Pouch Fruit Purees (i.e. apple sauce)

Box Meals (Hamburger Helper, Mac And Cheese)

Instant Rice Pouches

Crackers

Instant Potatoes

Breads

Fresh Vegetables/Fruits

Nuts

Nut Butters

Dried Soups

Soup Pouches

Instant Oatmeal/Grits

Cereals

MATERIAL ITEMS:

Hand Warmers/Feet Warmers

Gloves

Beanies

Scarves

Socks

Face Masks

Toilet Paper

Deodorant

Toothbrush/Tooth Paste/Denture Cleanser

Shaving Kit Supplies

Sanitary Napkins/Tampons

Diapers/Baby Wipes

Baby Wipes/Moist Towelettes

Hand Sanitizer

Hand Cream

Chapstick

Shampoo/Conditioner

Bar Soap

Wash Cloths

Life Savers/Gum

Lotion

Calling Cards

Gift Cards for Food or Grocery

